



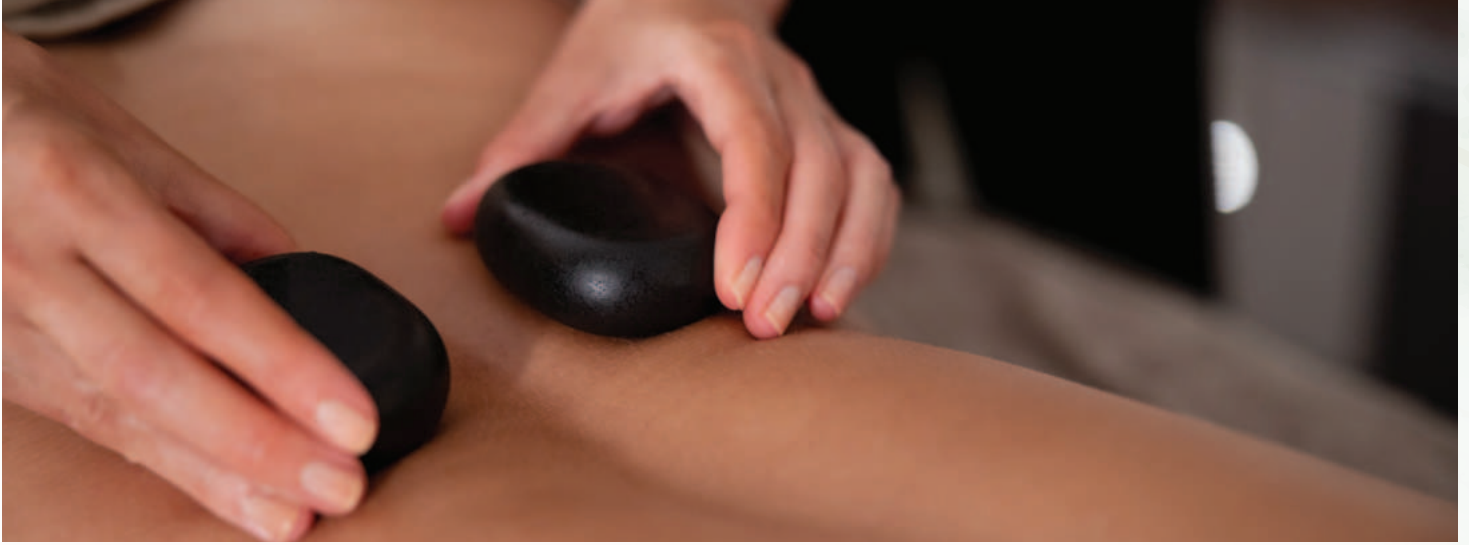
Rejuvenating.....

PANDANUS SPA

Spa Menu



BODY MASSAGES



PANDANUS SIGNATURE MASSAGE (90MIN)

The Pandanus Signature Oil Massage is a unique therapy which combines the techniques of Aromatherapy Swedish massage, Ayurveda and Shiatsu.

THB 2,300

HEALING STONE THERAPY (90MIN)

Massage using heated volcanic lava stones combined with Swedish style massage movements.

THB 2,500

WARM COCONUT & PANDANUS SOOTHER (120MIN)

Following the Zen philosophy of returning to nature, amazing tropical wonders infuse this treatment with life, energy and beauty. A coconut scrub softens and invigorates your skin in preparation for a unique experience. Then drift into southern Thailand delights when pandanus and warm coconut are gently glided on your body to nourish, soother and condition your skin. Exhilarating sweet scents permeate your mind and nurture your soul.

THB 3,200

DEEP TISSUE MASSAGE (60/90 MIN)

Designed to encourage blood flow, stretch muscles and ease joints, this stimulating massage conditions the body for better performances in the same manner a warm up would do. Thai therapeutic massage and pure plant essential oils are synergistically preparing your body for better performances and improved recovery.

THB 2,100/2,600

SWEDISH MASSAGE (60/90 MIN)

A full body massage is to stimulate blood circulation and soothe tensed muscles. Medium in pressure, it utilizes a combination of three basic strokes, long firm strokes, kneading strokes and small circular strokes, to reduce stress.

THB 2,100/2,500

BACK & SHOULDER MASSAGE (30/60MIN)

Relieve stiffness and soreness from back, shoulders, neck and head. Encourage detoxification and relaxation of your whole system.

THB 1,200/2,200

TRADITIONAL THAI MASSAGE (60/90MIN)

This is massage involves the application of pressure and a degree of stretching to muscles. Without the use of oil, focuses mainly on the legs and back.

THB 1,800/2,300

THAI HERBAL HEALING (90MIN)

Siam Herbs are not only an essential part of Thai medicine but also an everyday part of Thai life, and are used in traditional Thai healing for their energizing and balancing effects on the body. After a full body pressure-point massage, a hot herbal compress of plai, tamarind leaves, turmeric, bergamot peels, camphor, lemongrass, and black sesame seed is pressed on the body's meridians to soothe muscles and stimulate the vital organs.

THB 2,700

BODY MASSAGES

AROMA THERAPY MASSAGE (60/90MIN)

THB 2,000/2,500

Aromatherapy massage is used for a variety of different reasons, including relaxation, pain management, and improved mood. These are also some of the basic benefits of massage therapy. Adding essential oils is thought to enhance such benefits.

BODY FIRING TREATMENT (90MIN)

THB 3,000

A stimulating massage that uses warm ginger oil to help sculpt the figure and re-define the shape. An excellent way to drain and regenerate tissues while dispelling the tensions that have built up and attain a state of absolute relaxation.

ANTI-JETLAG MASSAGE (105 MIN)

THB 3,000

A Specialized Pandanus Spa treatment that helps to increase blood circulation, stress-relieving Back and Leg treatment with deep cleansing and followed by Aromatherapy Massage. (Highly recommend after a long flight)

FOOT MASSAGE (60 MIN)

THB 1,600

An ancient Eastern technique used to relieve stress and bring balance to the entire body. Thump and finger pressure is used to massage specific points on the feet corresponding to body areas.

BODY SCRUBS (60MIN)

THB 2,400

Jasmine Rice Scrub (60 min)

Reveal the body's hidden glow with ingredients known to purify and refine the skin. Jasmine removes dullness and brightens. Jojoba Oil and Shear Butter provide deep nourishment.

Nourishing Delight Coconut Scrub (60 Min)

Restore youthful glow and natural elasticity to skin with deeply moisturizing and nourishing properties of coconut.

Salt Body Scrub (60 min)

The treatment includes a full body scrub with a mixture of salt and Milk combined with essential oil. This gentle deep cleansing helps to exfoliate dead skin cells while.

Coffee Scrub (60min)

Helps to relax and detoxify your body and helps tone the color of your skin.

Sesame Scrub (60min)

Pure Sesame and honey are combined to create a nourishing body scrub.

BODY WRAPS (60MIN)

THB 2,400

Nature Coconut Oil Wrap

Smell and look as good as you feel after this deliciously soothing and relaxing experience.

Sun Lover Wrap

This is body treatment after overexposure to the harmful rays of the sun. The highly moisturizing Aloe Vera Wrap followed by cooling cucumber compress will provide relief from the discomfort of burned and dehydrated skin



PANDANUS FACIALS



CRYOTHERAPIES AGE DEFYING FACIAL (60MIN)

THB 3,900

Immediate radiance, toning, brightness. A flawless skin brightening experience, this facial uses the age defying effects of Cryotherapy with 100% Active Serum to reinforce the skins firmness at a cellular level. Complemented by a neurocosmetic containing Wild Indigo this elegant touch stimulates the release of B-endorphins, flooding the body with a total sense of well-being.

ULTRA FIRING PHYTO-AROMATIC FACIAL (60MIN)

THB 3,500

Anti-aging, firming, toning

Redefine how the skin ages with the quintessential regenerating facial therapy. Signs of aging dissolve as essential oils and minerals are gently massaged into the skin improving tone and elasticity. This skin enhancing bespoke facial ensures effective, visible results to prolong skin youth at a cellular level.

SOOTHING REPAIR PHYTO-AROMATIC FACIAL (60MIN)

THB 3,500

Calming, hydrating, restoring

The secret to soothing even the most delicate skin lies in the exquisite blending of minerals and essential essences. Skin is prepared with gentle cleansing and exfoliation before delighting in the application of luxurious cream mask. The generous application of the algae and kaolin clay formula smoothies and nourishes skin leaving a perfectly calm and soothed complexion.

HYDRA EXPRESS FACIAL (45 MIN)

THB 2,500

Express hydrating cleanse. Reinforces the skin's pH balance, softens, hydrates, and gives instant radiance.

AROMATIC NATURE FACIAL (60MIN)

THB 1,800

Thai fruit and traditional white clay gently cleanses and tone the skin naturally. Special care for sensitive and delicate skin which protects and moisturizes in-depth, as well as calms, and decongests the skin. The skin will recover its smooth calm.

FRAGRANT FLORAL BATH (30MIN)

THB 1,000

Thai fruit and traditional white clay gently cleanses and tone the skin naturally. Special care for sensitive and delicate skin which protects and moisturizes in-depth, as well as calms, and decongests the skin. The skin will recover its smooth calm.

STEAM (30MIN)

THB 700

Refresh your body in this gentle cloud of steam. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote circulation and invigorate the body

SPA PACKAGES

PANDANUS EXPERIENCE (120MIN)

THB 3,500

Experience the ultimate pampering! Choice of our favorite two treatments, Aromatic Nature Facial and Pandanus Signature Massage, for a relaxing introduction to what our Spa has to offer.

SUNBURN RELIEF (90MIN)

THB 3,000

Ease and re-hydrate sun burnt skin with the soothing effects of Water Lilly after Sun Soothing Wrap, Aloe Vera Wrap or Cucumber Wrap, followed by a gentle treating facial with Water Lilly Mask or Cucumber Mask.

SECRET OF THE ISLAND (180MIN)

THB 5,500

Bringing together everything you have ever wanted to pamper yourself with. This is the ultimate in mind, body and soul revitalization. Enjoy floral bath or Steam, to relax and loosen your muscles before Salt body scrub exfoliation removes dead skin layers in preparation for the treats to come. Coconut body wrap and Pandanus Signature Massage relieves muscle tension that completes your transition into a re-energized, glowing new you.

ROMANCING PANDANUS (4 HRS.) (SINGLE/ COUPLE)

THB 7,500/12,000

A most enjoyable treatment created for couples – start with steam, Coconut Delight body Scrub, followed by a Coconut Oil Wrap, Floral Bath, Swedish massage and Aromatic Nature Facial rounds up this romantic experience. (Please reserve one day in advance).

YOU & ME SPA PACKAGE (COUPLE) (4 HRS.)

THB 16,000

Choice of selected scrubs, wraps, massages and facial treatments. Plus a relaxing fragrant floral bath.

