

# Pandanus Spa Menu

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## Massage

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<b>1. Aromatherapy Full Body Massage</b>	60 mins	1,500.-
	90 mins	2,000.-

A light, calming massage concentrating on the lymph areas. Choose from our selection of specially blended essential oils relax, detox, awake or repair to delight your senses and enhance your experience

<b>2. Swedish Massage</b>	60 mins	1,500.-
	90 mins	2,000.-

The use of massage oil to promote friction and the manipulation of pressure point and muscle groups with firm strokes, tapping and vibration

<b>3. Traditional Thai Massage</b>	60 mins	1,200.-
	90 mins	1,600.-

A Traditional Thai massage known as “ Nuad Bolaan” in Thai, It works on the theory or in which of intrinsic energy balance to reduce tired muscles and to improve blood circulation. No oil is used

<b>4. Warm Stone Relaxing Massage</b>	90 mins	2,200.-
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Smooth lava rocks are lubricated with sesames oils and used as extension of the therapist’s hand as they are swept over and applied to your body, melting away tensions. thermotherapy will warm your body, rejuvenate your system and balance your spirit. applied with pressure on your muscles or nestled between your toes, we guarantee you’ll love these sensational stone

All prices are including 10 % Service Charge & 7 % VAT

**5. Luk - Pra - Kob** **90 mins**    **1,800.-**

In Thailand, Fresh 'Thai Herbs' are wonderful additions for physical ailments. A traditional Thai Massage for full body and complimented by hot herbal compresses to dissolve tightness in your muscle, it stimulate blood circulation

**6. Aromatherapy Back & Shoulder** **45 mins**    **1,200.-**

Relieve and sooth back muscles. Indulge yourself in a massage focusing on your back muscles with specially formulated tension apply with massage oil

**7. Back Bliss** **45 mins**    **1,000.-**

A complete massage which includes back, shoulder and head. This massage eases and loosens muscles and also reduces tension, improve and balance subtle energy for a heightened sense of well being

**8. Acupressure Foot Massage** **60 mins**    **1,200.-**

An ancient Eastern technique used to relieve stress and bring balance to the entire body. thump and finger pressure is used to massage specific points on the feet corresponding to body areas



## Body Treatment

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### Body Scrub

**1. Signature Pandanus Body Scrub** **60 mins**    **1,800.-**

Coconut is used exfoliate dead skin cells. This action ingredient also boosts skin metabolism which results in creating new cells to make your skin feeling fresh, smooth and tingling with vitality

**2. Body Scrub Thai Flowers** **45 mins**    **1,500.-**

Exfoliating has always been an important step in all skin-care treatment. Making your feel fresh and rejuvenated. A body scrub is the best way to remove a skin tan. If your skin had become rough and has darkened due to pollution or exposure to dust, you use a body scrub to remove, leaving you with a soft and supply skin

All prices are including 10 % Service Charge & 7 % VAT

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|--|----------------|----------------|
| <b>3. Relaxing Coffee Scrub</b>  | <b>45 mins</b> | <b>1,500.-</b> |
| <p>Essence of coffee is combined with milk; white mud and honey to gently exfoliate. The coffee scrub is an aromatic experience that will leave that skin smooth and polished to perfection; coffee will smooth and refine your skin, at the same time, elevate your mood and break up fatty deposits as well as improve circulation</p> |                |                |
| <b>4. Jasmine Rice body Scrub</b>  | <b>45 mins</b> | <b>1,500.-</b> |
| <p>Pure, fresh Jasmine Rice forms the base of this nourishing body scrub. It is suitable for all skin types and leaves the skin feeling smooth, fresh and moisturized</p>  |                |                |

## Body Wrap

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| <b>1. Aloe Vera Body Wrap</b>   | <b>60 mins</b> | <b>1,500.-</b> |
| <p>This is body treatment after overexposure to the harmful rays of the sun. The highly moisturizing Aloe Vera Wrap followed by cooling cucumber compress will provide relief from the discomfort of burned and dehydrated skin</p> |                |                |
| <b>2. Body Mask Seaweed</b>   | <b>60 mins</b> | <b>1,500.-</b> |
| <p>The perfect treatment to revitalize the skin with algae, refreshing minerals and skin with a special aromatherapy massage oil suitable for skin. Suitable for lack of skin or tired skin.</p>                                    |                |                |

## Body Treatments

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|---|----------------|--------------|
| <b>1. Milk Bath</b>   | <b>30 mins</b> | <b>500.-</b> |
| <p>Bath is good for muscles and to improve blood circulation.</p> |                |              |
| <b>2. Herbal Steam</b>  | <b>30 mins</b> | <b>500.-</b> |

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Thai Herbs are wonderful additions for physical ailments. Steam is good  
For muscles and to improve blood circulation

## Spa Package

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<b>1. Regeneration After Sun Treatment (1 week)</b> Herbal Steam / Black Sesame Scrub / Aloe Vera Wrap	<b>1.30 hrs</b>	<b>2,500.-</b>
<b>2. Living Radiance</b> Herbal Steam / Coconut Scrub / Aromatherapy Full Body Massage	<b>1.30 hrs</b>	<b>2,500.-</b>
<b>3. Body Bliss</b> Herbal Steam / Foot Massage / Back Bliss	<b>1.30 hrs</b>	<b>1,600.-</b>
<b>4. Experience of Siam</b> Herbal Steam / Thai Massage compress with Luk - Pra - Kob / Foot Massag	<b>2.45 hrs</b>	<b>2,800.-</b>
<b>Pandanus Herbal Garden Treatment</b> Herbal Steam / Botanical Sugar Scrub / Pandanus Herbal Masque / Aromatherapy or Swedish	<b>2.45 hrs</b>	<b>3,900.-</b>
<b>Ultimate Escape Package</b> Herbal Steam / aroma Bath/ Oatmeal Body Scrub / Aromatherapy Full Body Massage / Deep Purifying Facial Treatment	<b>3 hrs</b>	<b>4,500.-</b>

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